Patent Claims What is claimed is:

- 1. (Canceled) A snow board with a divided gliding surface consisting of a unitary basic body, characterized by the fact that the basic body (10) consists of two lateral gliding members (2; 3) extending in the longitudinal direction of the snow board (1) as well as a longitudinal web (4) provided between the gliding members (2;3) which together are connected to the forward section (5) and the rear section (6) of the snow board (1).
- 10 2. (Canceled) The snow board of claim 1, characterized by the fact that the elongate web (4) is structured as a support surface for the snow boarder and is arranged, relative to the gliding members (2;3) at a vertical distance of up to 5 cm, preferably 3 to 5 cm, in the basic body (10).
- 15 3. (Canceled) The snow board of claims 1 and 2, characterized by the fact that the longitudinal web (4) in the area of its support surfaces is provided with fastening elements structured as insert (7) for ski bindings.
- 4. (Canceled) The snow board of one of claims 1 to 3, characterized by
 the fact that the fastening elements for ski bindings are structured as guide
 rails in which the ski bindings may be arranged for longitudinal movement.
- 5. (Canceled) The snow board of one of claims 1 to 4, characterized by the fact that in their longitudinal direction the gliding members (2;3) are shaped like a snow board (1) and are provided with a waistline (9) and that spacer elements (8) are fixedly or movably and replaceably arranged on the surfaces of the gliding members (2;3).
- 6. (Canceled) The snow board of claims 1 and 5, characterized by the fact that the releasable connection of the spacer elements (8) with the gliding members (2;3) is accomplished by inserts (7).

- 7. (Canceled) The snow board of one of claims 1 to 6, characterized by the fact that at the positions of transition of the elongate web (4) with the forward and rear section (5;6) of the basic body (10) are curved and that lateral slots (11) are provided between the gliding members (2;3) and elongate web (4).
- 8. (New) A snow board with a divided gliding surface, characterized by a basic body (10) consisting of two gliding members (2;3) and an elongate web (4) provided between the gliding members (2;3), lateral slots (11) being provided between the gliding members (2;3) and the elongate web (4), the transition sites of the elongate web (4) with the forward and rear section (5;6) of the basic body (10) being curved.
- 9. (New) The snow board of claim 8, characterized by the elongate web
 (4) being structured as a support surface for a snow boarder and the slots
 (11) between the gliding members (2;3) and the elongate web (4) having height of up to 5 cm, preferably 3 to 5 cm.
- 10. (New) The snow board of claim 1, characterized by the glide
 20 members (2;3) being in their longitudinal directions provided with a waistline
 (9) and spacers (8) being fixedly or movable and replaceably arranged on the surfaces of the gliding members (2;3).
- 11. (New) The snow board of claim 3, characterized by the fact that
 the releasable connection of the spacer elements (8) with the gliding
 members (2;3) is provided by insert (7).
 - 12. (New) A snow board, comprising:

an elongated unitary body of predetermined length forming first and
second gliding members extending along opposite lateral margins thereof;
an elongate web extending between the first and second gliding
members and being joined to forward and rear section of the body in a curved

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transition and separated from the first and second gliding members by lateral slots.

- 13. (New) The snow board of claim 12, wherein the elongate web protrudes from the surface of the body by from 3 to 5 cm.
 - 14. (New) The snow board of claim 12, wherein the first and second gliding members have elongated lateral margins of concavely curved configuration.

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- 15. (New) The snow board of claim 13, wherein the elongate web is provided with means for connecting bindings.
- 16. (New) The snow board of claim 15, wherein the means for connecting bindings comprises inserts.
 - 17. (New) The snow board of claim 15, wherein the means for connecting bindings comprises a rail extending longitudinally of the elongate web and includes means for adjusting the position of the bindings.

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18. (New) The snow board of claim 15, further comprising spacers of a height substantially equal to the protrusion of the elongate web and attached to one of the gliding members and the bindings.

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